




































PILATES

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
08:00 STUDIO Reformer Alessandro 		08:00 STUDIO Reformer Chiara 		08:00 STUDIO Reformer Chiara 	10:30 STUDIO Reformer A turno 
09:00 STUDIO Reformer Chiara 	09:00 STUDIO Reformer Alessandro 	09:00 STUDIO Reformer Chiara 	09:00 STUDIO Reformer Alessandro 	09:00 STUDIO Reformer Chiara 	11:30 STUDIO Reformer A turno 
10:00 STUDIO Matwork Alessandro 	10:30 STUDIO Reformer Alessandro 	10:00 STUDIO Matwork Chiara 	10:30 STUDIO Reformer Alessandro 	10:00 STUDIO Matwork Chiara 	
13:30 STUDIO Reformer Cristina 		13:30 STUDIO Reformer Cristina 	13:30 STUDIO Reformer Alessandro 		
14:30 STUDIO Reformer Cristina 		14:30 STUDIO Reformer Cristina 	14:30 STUDIO Matwork Alessandro 		
	17:00 STUDIO Reformer Alessia 		17:00 STUDIO Reformer Alessia 		
18:00 STUDIO Reformer Alessia 	18:00 STUDIO Reformer Alessia 	18:00 STUDIO Reformer Alessia 	18:00 STUDIO Reformer Alessia 	18:00 STUDIO Reformer Alessandro 	
19:00 STUDIO Reformer Alessandro 	19:30 STUDIO Reformer Alessandro 	19:00 STUDIO Reformer Alessandro 	19:30 STUDIO Reformer Alessandro 	19:00 STUDIO Reformer Alessandro 	
20:00 STUDIO Reformer Alessia 		20:00 STUDIO Reformer Alessia 			

Informazioni

- Prenotazione obbligatoria
- Lezioni Reformer massimo 6 persone
- Prenota la tua prova in segreteria!



Dabliu Prati

Viale Giulio Cesare, 43 00192 - ROMA - tel. 06/32.11.01.58 prati@dabliu.com